

# Swedish Death Cleaning Checklist

## EXAMINE CLOTHING, SHOES, & ACCESSORIES

- Sort through clothing
- See what still fits
- Make a "toss" pile
- Get closet in order



## GO THROUGH FURNITURE & OTHER ITEMS

- Start with items that take up the most space
- Work your way down to smaller items
- Decide what to keep and what to discard
- Make a dedicated pile for mementos

## ADDRESS DIGITAL CLUTTER

- Gather login credentials for loved ones
- Declutter desktops/laptops
- Declutter hard drives

## GATHER IMPORTANT PAPERWORK

- Designate an area for important files
- Make sure loved ones know where to look
- If you have a will, make sure it's up to date

## SORT WITH INTENTION

- Make a "Donate" pile
- Make a "Sell" pile
- Make a "Keepsakes/ Mementos" pile
- Make a "Discard" pile

